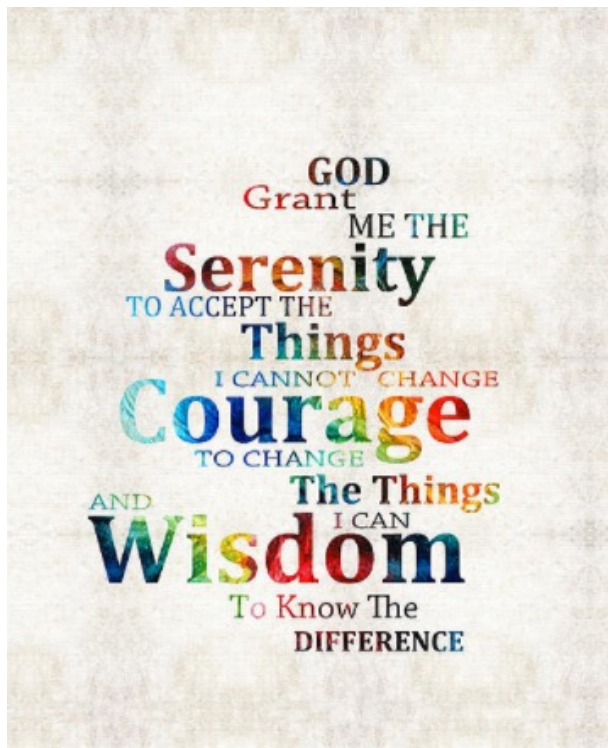


The Benefice of North Creake, South Creake with Waterden, Syderstone with Barmer, and Sculthorpe



Benefice Sung Mass Common Worship (Order One)

The Second Sunday before Lent
Sunday, 8th February 2026

Celebrant & Preacher: The Revd Clive Wylie, OC (Rector)

THE GATHERING

Stand when the Sacristy bell is rung.

The Entrance Hymn is sung as the ministers come to the altar.

All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown, he alone
calls my heart to be his own.

Pride of man and earthly glory,
sword and crown betray his trust;
what with care and toil he buildeth,
tower and temple, fall to dust.
But God's power, hour by hour,
is my temple and my tower.

God's great goodness aye endureth,
deep his wisdom, passing thought:
splendour, light and life attend him,
beauty springeth out of naught.
Evermore, from his store,
new-born worlds rise and adore.

Still from man to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call one and all:
ye who follow shall not fall.

*Robert Bridges (1844-1930)
based on 'Meine Hoffnung stehet feste'
by Joachim Neander (1650-1680)*

The Greeting

In the name of the Father,
✠ and of the Son,
and of the Holy Spirit.
Amen.

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

The priest introduces the Eucharist.

*Kneel or sit for the **Prayers of Penitence***

Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God. Amen.

*The **Kyrie eleison** is sung kneeling or sitting*

Lord, have mercy. Christ, have mercy.
Lord, have mercy. Have mercy on us.
Kyrie eleison, Kyrie eleison, Kyrie eleison, eleison.
Christe eleison, Christe eleison, Christe eleison, eleison.
Kyrie eleison, Kyrie eleison, Kyrie eleison, eleison.

The priest says

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon ✠ and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

*Stand for **Gloria in Excelsis***

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Glory to God in the highest,
and peace to his people on earth.

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**Glory to God in the highest,
and peace to his people on earth.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
✠ in the glory of God the Father. Amen. Amen.**

**Glory to God in the highest,
and peace to his people on earth.**

The priest then says Let us pray.

Remain standing for The Collect

Almighty God,
you have created the heavens and the earth
and made us in your own image:
teach us to discern your hand in all your works
and your likeness in all your children;
through Jesus Christ your Son our Lord,
who with you and the Holy Spirit
reigns supreme over all things,
now and for ever. **Amen.**

THE LITURGY OF THE WORD

All sit and listen to the readings.

First Reading

A reading from the book of Genesis.

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, 'Let there be light'; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day. And God said, 'Let there be a dome in the midst of the waters, and let it separate the waters from the waters.' So God made the dome and separated the waters that were under the dome

from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day. And God said, 'Let the waters under the sky be gathered together into one place, and let the dry land appear.' And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, 'Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.' And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day. And God said, 'Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.' And it was so. God made the two great lights – the greater light to rule the day and the lesser light to rule the night – and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day. And God said, 'Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.' So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, 'Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.' And there was evening and there was morning, the fifth day. And God said, 'Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.' And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good. Then God said, 'Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.' So God created humankind in his image, in the image of God he created them; male and female he created them. God blessed them, and God said to them, 'Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.' God said, 'See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.' And it was so. God saw everything that he had made, and indeed, it was very good.

And there was evening and there was morning, the sixth day. Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

This is the Word of the Lord.

Thanks be to God.

Genesis 1:1-2:3

Responsorial Psalm

Give thanks to the Lord, for he is good, **for his mercy endures for ever.**

Give thanks to the God of gods, **for his mercy endures for ever.**

Give thanks to the Lord of lords, **for his mercy endures for ever.**

Who only does great wonders, **for his mercy endures for ever;**

Who by his wisdom made the heavens, **for his mercy endures for ever;**

Who spread out the earth upon the waters, **for his mercy endures for ever;**

Who created great lights, **for his mercy endures for ever;**

The sun to rule the day, **for his mercy endures for ever;**

The moon and the stars to govern the night, **for his mercy endures for ever.**

It is he who remembered us in our low estate, **for his mercy endures for ever;**

And delivered us from our enemies, **for his mercy endures for ever;**

Who gives food to all creatures, **for his mercy endures for ever;**

Give thanks to the God of heaven, **for his mercy endures for ever.**

Psalm 136:1-9, 23-26

Second Reading

A reading from the letter of Paul to the Romans.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for

adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

This is the Word of the Lord.

Thanks be to God.

Romans 8:18-25

Gospel Acclamation

Alleluia! Alleluia! Alleluia! Alleluia! 'Strive first for the kingdom of God and his righteousness: and all these things will be given to you as well,' says the Lord. **Alleluia! Alleluia! Alleluia! Alleluia!**

Gospel

The Lord be with you
and also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Jesus taught his disciples, saying: 'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you – you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Matthew 6:25-34

Sit for the Homily

A period of reflection follows the homily.

Seek ye first the kingdom of God,
and his righteousness,

and all these things shall be added unto you;
allelu, alleluia.

Ask and it shall be given unto you,
seek and ye shall find;
knock, and it shall be opened unto you;
allelu, alleluia.

Alleluia, alleluia,
alleluia, alleluia.

Where two or three are gathered in my name,
there am I in their midst;
and whatsoever ye ask, I will do,
allelu, alleluia.

*Karen Lafferty (b. 1948), based on Matthew 6:33, 7:7
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Stand for the Affirmation of Faith

We believe in one God,
**the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

For us and for our salvation *(Bow at the mention of the Incarnation)*
**he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,**

who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
✠ and the life of the world to come.
Amen.

The priest then says Let us pray.

*Kneel or sit for **The Prayer of the Faithful***

Prayer is offered for the world and its people, for those who suffer and those in need, for the Church and its members.

After each clause one of the following responses may be used.

Lord, hear us. **Lord, graciously hear us.**

or

Lord, in your mercy, **hear our prayer.**

At the end of the petitions, the reader may introduce a period of silence in which personal petitions may be offered. After the silence, the priest concludes the prayers, by saying

Merciful Father,
**accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE LITURGY OF THE SACRAMENT

*Stand for **The Peace***

The priest says

Lord Jesus Christ, who said to your apostles,
'Peace I leave you, my peace I give you.'
Look not on our sins, but on the faith of your Church,
and graciously grant her peace and unity in accordance with your will,
who lives and reigns for ever and ever. **Amen.**

The peace of the Lord be always with you
and also with you.

Let us offer each other a sign of peace.

All exchange a sign of peace.

*During the **Offertory Hymn** the altar is prepared, and bread and wine are placed upon it.*

Lord, enthroned in heav'nly splendour,
first begotten from the dead,
thou alone, our strong defender,
lifest up thy people's head.
Alleluia, alleluia,
Jesu, true and living bread.

Here our humblest homage pay we,
here in loving rev'rence bow;
here for faith's discernment pray we,
lest we fail to know thee now,
Alleluia, alleluia,
thou art here, we ask not how.

Though the lowliest form doth veil thee
as of old in Bethlehem,
here as there thine angels hail thee,
Branch and Flower of Jesse's Stem.
Alleluia, alleluia,
we in worship join with them.

Paschal Lamb, thine off'ring, finished
once for all when thou wast slain,
in its fullness undiminished
shall for evermore remain.
Alleluia, alleluia,
cleansing souls from every stain.

Life-imparting heav'nly manna,
stricken rock with streaming side,
heaven and earth with loud hosanna
worship thee, the Lamb who died.
Alleluia, alleluia,
ris'n, ascended, glorified!

George Hugh Bourne (1840-1925)

*The **Prayer over the Gifts** is said by the priest.*

God, our provider,
whose word has called us
to share in the table you have prepared;
give to us now, we pray you,
fitting words to sing your praise,
through Jesus Christ our Lord. **Amen.**

*Remain standing throughout **The Eucharistic Prayer***

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, holy Father, almighty and eternal God.

From sunrise to sunset this day is holy, for Christ has risen from the tomb and scattered the darkness of death with light that will not fade.

This day the risen Lord walks with your gathered people, unfolds for us your word, and makes himself known in the breaking of the bread.

And though the night will overtake this day you summon us to live in endless light, the never ceasing sabbath of the Lord.

And so, with choirs of angels and with all the heavenly host, we proclaim your glory and join their unending song of praise:

Holy, Holy, Holy Lord God of power and might.

Heaven and earth are full of your glory.

Hosanna in the highest.

Hosanna! Hosanna! Hosanna in the highest.

✠ **Blessed is he, blessed is he who comes in the name of the Lord.**

Hosanna! Hosanna! Hosanna in the highest.

Hosanna! Hosanna! Hosanna in the highest.

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me. ✠

When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. ✠

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross.

Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth.

Look with favour on your people, gather us in your loving arms and bring us with Our Lady Saint Mary, our holy father Benedict, Saint Columba, Saint Brigid, and all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, ✠ all honour and glory are yours, O loving Father, for ever and ever. **Amen.**

*The priest invites the people to join in reciting **The Lord's Prayer***

Believing the promises of God, let us pray with confidence as our Saviour has taught us.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The priest continues

Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Saviour, Jesus Christ. **Amen.**

The priest breaks the consecrated bread.

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

*The **Agnus Dei** is said as the bread is broken*

Lamb of God, **you take away the sin of the world, have mercy on us.**
Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, grant us peace.

Giving of Communion

The priest then holds up the broken host and says

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

*The priest receives communion and then says the **Communion Antiphon.***

I will tell of all your marvellous works.
I will be glad and rejoice in you;
I will make music to your name, O Most High.

Psalm 9:1b,2

All baptised Christians, who are in love and charity with their neighbours, are invited to receive Holy Communion, in one or both kinds.

*If you are uncomfortable receiving the chalice, we ask that for reasons of hygiene you **do not intinct** (dip the host) in the chalice, but receive only the host. Holy Communion is received fully in either the host or the chalice.*

Others are welcome to come forward to receive a blessing. Please indicate by crossing your arms across your chest.

For those watching the live streamed service you may wish to make an act of Spiritual Communion, giving thanks for the saving death and resurrection of Jesus and asking him to be with you now.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. **Amen.**

after the Prayer of St Richard of Chichester

A period of reflection is observed while all continue to make their thanksgiving.

What a friend we have in Jesus,
all our sins and griefs to bear!
What a privilege to carry
everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear,
all because we do not carry
everything to God in prayer!

Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged:
take it to the Lord in prayer!
Can we find a friend so faithful,
who will all our sorrows share?

Jesus knows our every weakness -
take it to the Lord in prayer!

Are we weak and heavy-laden,
cumbered with a load of care?
Precious Saviour still our refuge,
take it to the Lord in prayer!
Do thy friends despise, forsake thee?
Take it to the Lord in prayer!
In his arms he'll take and shield thee,
thou wilt find a solace there.

Joseph Medicott Scriven (1819-1886)

The priest then says Let us pray.

*Stand for the **Post Communion Prayer***

God our creator,
by your gift
the tree of life was set at the heart of the earthly paradise,
and the bread of life at the heart of your Church:
may we who have been nourished at your table on earth
be transformed by the glory of the Saviour's cross
and enjoy the delights of eternity;
through Jesus Christ our Lord.
Amen.

The Dismissal

The priest says

The Lord be with you
and also with you.

The priest then blesses the people.

The love of the Lord Jesus draw you to himself,
the power of the Lord Jesus strengthen you in his service,
the joy of the Lord Jesus fill your hearts;
and the blessing of God almighty,
the Father, ✠ the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

The priest dismisses the congregation with these words

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

The Recessional Hymn is sung.

Eternal Father, strong to save,
whose arm doth bind the restless wave,
who bidd'st the mighty ocean deep
its own appointed limits keep:
O hear us when we cry to thee
for those in peril on the sea.

O Saviour, whose almighty word
the winds and waves submissive heard,
who walkedst on the foaming deep,
and calm, amid its rage, didst sleep:
O hear us when we cry to thee
for those in peril on the sea.

O sacred Spirit, who didst brood
upon the chaos dark and rude,
who bad'st its angry tumult cease,
and gavest light and life and peace:
O hear us when we cry to thee
for those in peril on the sea.

O Trinity of love and power,
our brethren shield in danger's hour.
From rock and tempest, fire and foe,
protect them whereso'er they go,
and ever let there rise to thee
glad hymns of praise from land and sea.

William Whiting (1825-1878)

During the Recessional Hymn the ministers go to the image of Our Lady and Child where the Angelus is said.

Angelus

The angel of the Lord brought tidings unto Mary.
And she conceived by the Holy Spirit.

Hail, Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.**

Behold the handmaid of the Lord.
Be it unto me according to thy Word.

Hail, Mary...

Holy Mary...

And the Word was made flesh. *(Bow or genuflect)*

And dwelt among us.

Hail, Mary...

Holy Mary...

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

We beseech thee, O Lord, pour thy grace into our hearts, that as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his ✠ cross and passion we may be brought to the glory of his resurrection; through the same Jesus Christ our Lord. **Amen.**

A Postlude is played as the ministers return to the sacristy.



Scholastica, Abbess of Plombariola



Scholastica is a more shadowy figure than her famous brother, St Benedict. She too was born at Nursia, central Italy, around the year 480. At an early age she chose to consecrate herself to God, but probably continued to live at home. Only after Benedict moved to Monte Cassino did she settle at Plombariola nearby, joining or maybe founding a nunnery under his direction. As abbess she sought to follow his Rule, and met him each year at a house near his monastery where they would praise God together and discuss spiritual matters. She died in about the year 543. Benedict had a vision of her soul rising up to heaven and, collecting her body, he had her buried in the tomb prepared for himself. Scholastica soon became a figure for veneration by all nuns who followed Benedict's Rule.



**Inclusive
Church**

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REGULAR REST DAY: Monday



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